



Resident's Bill of Rights

As a Resident, you have the Right:

1. To freedom of choice of an attending physician and to participate in planning your care and treatment. Further, you have the right to be informed in advance of any change in care or treatment that may affect your well-being. This includes being told of the benefits and reasonable risks of treatment, and about reasonable available alternatives.
2. Resident has the right to participate in the development and implementation of his or her person-centered plan of care, including to identify individuals or roles to be included in the planning process; to request meetings and the right to request revisions to the plan of care; to identify the expected goals and outcomes of care; and to identify the type, amount, frequency, and duration of care, among other factors.
3. Resident has the right to be informed, in advance, of the care to be furnished, the type of care giver or professional that will furnish care, and of changes to the plan of care.
4. Resident has the right to see the care plan, including the right to sign after changes to it, and to receive the services and/or items included in the plan. This does not include the right to receive treatment or medical services deemed medically unnecessary or inappropriate.
5. To refuse care and treatment and involvement in your care plan and to refuse to participate in experimental research.
6. To receive services that meet your individual needs and preferences; and choose health care, activities, and schedules that are consistent with these.
7. To equal access of care and services provided.
8. To participate in the development of a discharge plan, and to receive instructions for self-care and treatment which include explanation of adverse symptoms and necessary precautions, as appropriate. If entering a new facility, i.e. Assisted Living, Nursing Home, you will be provided prior to discharge, an orientation to the new facility.
9. To be informed by a physician of your medical condition unless there is a medical reason for not doing so.
10. To take your own (self-administer) prescribed medications provided the interdisciplinary team has determined this is a safe practice for you.
11. To be free from physical and psychological abuse; and to be free from unnecessary or excessive medications
12. To be free from physical and chemical restraint and involuntary seclusion except as authorized in writing by a physician for a specified and limited period of time or as authorized by law.
13. To associate and communicate privately with persons of your choice; to have reasonable access to a telephone; to make and receive confidential calls; and to mail and receive unopened correspondence privately and promptly (within 24 hours of receipt). You have the right to purchase materials and postage for correspondence.
14. To participate in and organize resident and family groups and to participate in social, religious and community activities.
15. To receive visitors, state representatives, service agencies and your physician without restriction. You have the right to deny or withdraw consent for visitation at any time. You have the right to receive information and contact agencies acting as client advocates.
16. To request to share a room with your spouse if both are residents in same facility.



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- 17. To retain and use your personal possessions and clothing as space, health and safety allow.
- 18. To work on a voluntary or compensated basis as a part of your plan of care or to choose not to work.
- 19. To manage your own financial affairs; to protection of funds deposited with the facility and regular accounting of those funds;
- 20. To confidentiality of your medical records and treatment and access to your record within 24 hours (excluding weekends and holidays)
- 21. To be informed of all rights, services and costs in advance and not be charged for services covered by Medicare or Medicaid and to contact the Division of Public Assistance regarding financial eligibility for Medicaid.
- 22. To be notified within 24 hours of transfer to a hospital how long the Resident's bed may be held and a copy of the facilities bed hold policy identifying duration of bed hold and eligibility requirements.
- 23. To prior notice of room change, change of roommate, and transfer and discharge.
- 24. To examine results of facility surveys.
- 25. To be informed of the facility's grievance procedure for handling complaints related to your care and to express grievances without interference, coercion, discrimination or reprisal from the facility. Such a grievance can be made to the Grievance Officer either verbally or in writing. Individuals who file a grievance will be free from any form of retaliation or intimidation.
- 26. You have the right to carry concerns or grievances about the care you receive directly to the State of Alaska Extended Care Ombudsman at 1-800-478-2624; or the State of Alaska Department of Health Facilities Licensing and Certification; the Medicaid Fraud Control Unit; the Disability Law Center of Alaska; and Adult Protective Services. Addresses and phone numbers are posted within the facility.

The rights listed above may not be denied except by your physician or the physician who has overall responsibility of the unit, or their designees, for good cause and as authorized by law. Any denial of your rights must be made in writing and included in your medical record.

A comprehensive and detailed explanation of each of the rights listed above is available from the Compliance Officer, the Director of Patient Care Services, and/or the Nurse's station.

I, _____ (resident), acknowledge that I have read or have had read to me and understand the Resident's Bill of Rights. A copy of "The Resident's Bill of Rights" has been provided to me, along with the policy pertaining to personal funds, or where appropriate, to my next of kin, guardian, sponsoring agency or representative.

Resident or His/Her Representative _____ Date _____

Witness _____ Date _____